



Year 9 Options Process

Your  **Profile**

Helping you to make better choices



What is my



Profile?



 is a digital careers platform with the information, advice and tools to help you to explore and plan for your future. Central to the platform is your StartProfile, built throughout the next stages of your academic journey, this will enable you to evidence your personal and career development, information and supporting your successful transition to future study and employment.





How will help me through the Options Process?



A big part of life (and an essential life-skill), is the ability to make the right choices; choices that have a positive impact for you and on your future.

The ability to make good choices relies upon two things:

1. An informed understanding of the opportunities that are available to you.
2. An in-depth understanding of what makes you, you. For example, your strengths, areas for development, likes and dislikes.

The Options Process will be the first time that **you** have the opportunity to make choices about **your** learning that will influence **your** future, but it won't be the last! Because of this, now is the perfect time for you to develop a greater understanding of who you are and the choices that are available to you. Working through the activities on  and building your StartProfile will help you to do this.



What activities can I do through the program that will help me?



You will be primarily be focusing on three different sections within :

Build your StartProfile



It's your StartProfile

Keep it up to date and stay in control.

[Go to my StartProfile](#)

The first activity is to build your **StartProfile** ... 

Carol Mason Home My Profile

My StartProfile

- My Interests
- My Goals
- My Strengths
- My Skills
- My Qualifications
- My Experiences
- My CV
- My Personal Statement
- My Locker

It's your StartProfile

Keep it up to date and stay in control.

Your StartProfile captures all the information you provide as you explore all the great content on Start. Keep coming back here as it will help you:

- Keep focused on your personal development and the things that are important for your future
- Capture evidence of your employability
- Write a knockout CV or personal statement
- Be prepared for interview for your dream job

... working through the different activities will help you to develop a greater level of understanding about who you are and this will help you to make informed choices.

What are your interests, passions and hobbies?

This page shows everything we know about your interests so far. If you haven't entered any information into Start it will be blank.

The information will support you in all aspects of career planning - from exploring jobs linked to your interests to writing your CV and personal statement.

Keep it up to date and keep referring to it.

If you want to read more about the importance of interests you can click on the links at the bottom of the page.

How interested are you in ...

1 = not at all interested; 5 = very interested

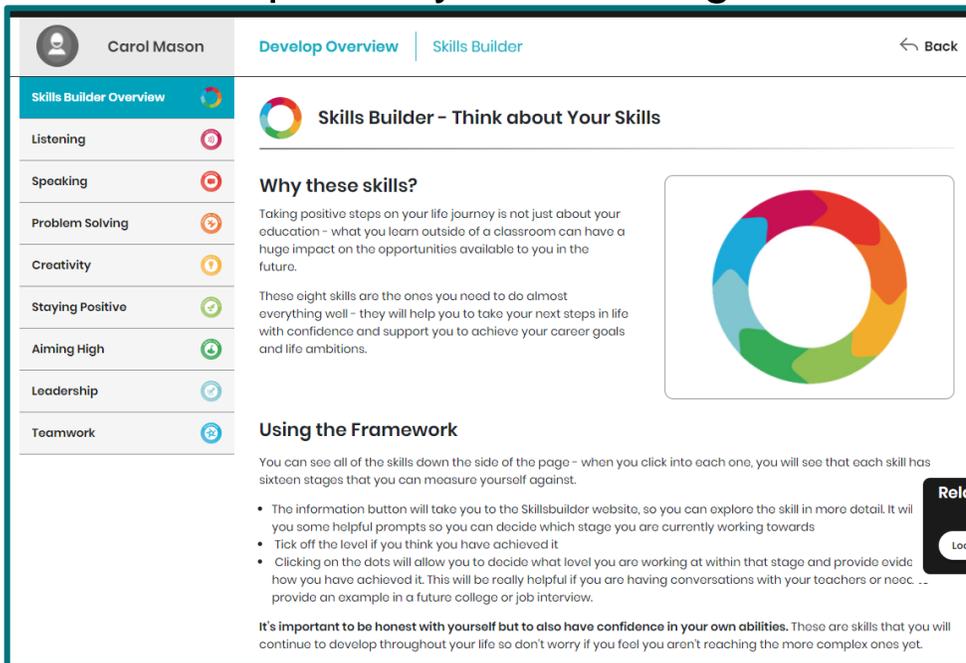
Animals	1	2	3	4	5
Art	1	2	3	4	5
Building things	1	2	3	4	5
Computers	1	2	3	4	5
Customer service	1	2	3	4	5
Drawing	1	2	3	4	5
Engineering	1	2	3	4	5



What activities can I do through the program that will help me?



You will be primarily be focusing on three different sections within :



Skills Builder Overview

- Listening
- Speaking
- Problem Solving
- Creativity
- Staying Positive
- Aiming High
- Leadership
- Teamwork

Skills Builder - Think about Your Skills

Why these skills?

Taking positive steps on your life journey is not just about your education - what you learn outside of a classroom can have a huge impact on the opportunities available to you in the future.

These eight skills are the ones you need to do almost everything well - they will help you to take your next steps in life with confidence and support you to achieve your career goals and life ambitions.

Using the Framework

You can see all of the skills down the side of the page - when you click into each one, you will see that each skill has sixteen stages that you can measure yourself against.

- The information button will take you to the Skillsbuilder website, so you can explore the skill in more detail. It will you some helpful prompts so you can decide which stage you are currently working towards
- Tick off the level if you think you have achieved it
- Clicking on the dots will allow you to decide what level you are working at within that stage and provide evidence how you have achieved it. This will be really helpful if you are having conversations with your teachers or need ... provide an example in a future college or job interview.

It's important to be honest with yourself but to also have confidence in your own abilities. These are skills that you will continue to develop throughout your life so don't worry if you feel you aren't reaching the more complex ones yet.

The second is **Skills Builder...**

... which you will find at the bottom of your 'My Profile' page in 'Related Content'.

The **Skills Builder** will take you through the eight skills that are recognised as being the ones that you need to do almost everything well, and the ones which will help you to take your next steps in life with confidence, supporting you to achieve your goals and ambitions.

Problem Solving - What level are you?

From here you can track your progress, add evidence to your profile and find relevant content.

Step	Description	Progress
0	I complete tasks by following instructions	1 ✓ 000
1	I complete tasks by finding someone to help if I need them	1 ✓ 000
2	I complete tasks by explaining problems to someone for advice if I need	1 ✓ 000
3	I complete tasks by finding information I need myself	1 ✓ 000
4	I explore problems by creating different possible solutions	1 ✓ 000
5	I explore problems by thinking about the pros and cons of possible solutions	1 ✓ 000
6	I explore complex problems by identifying when there are no simple technical solutions	1 ✓ 000

Related content

- Locker
- Skills Builder
- Digital Skills



What activities can I do through the program that will help me?



You will be primarily be focusing on three different sections within :

The final area is **Activities** ✓



The Start Framework will guide you through a series of activities that will ensure you are well prepared for the world of work and that you make informed choices on your journey through education.



You should work towards completing the **'Intermediate'** Activities as these are relevant for the stage of your education you are at now. You will complete the 'Advanced' level in Years 10 and 11 when considering your options post-16, and the 'Expert' level when considering University, Apprenticeship and Employment opportunities post-18).



When (and how) do I get started with ?



Step 1. Follow the link to access  :
<https://southyorkshire.startprofile.com>

You may have received a welcome email to your school email account, if you have, this will also contain a link which you can follow for access.

Step 2. Use the log-in details that your teacher will provide you with to log in to your  account.

After your initial lesson, you will work through the different aspects of  at home in your own time to help you through the Options Process. You will receive certificates for the different aspects that you complete along the way.

Step 3. Start exploring! Remember, we'd like you to focus on building your **StartProfile**, completing the **Skills Builder**, and completing the **Activities**, but there is so much more that  has to offer, so why not take time to have a look around and see what you can find!



A question for you ...

Have you seen the RoadMap in your planner? All the activities you complete on



will contribute towards
evidencing some of the elements of this!





A question for you ...
Have you seen the RoadMap in your planner? All the activities you complete on **start**  will contribute towards evidencing some of the elements of this!



 **Road Map to Success**
for students in Year 9

Aim High I will **AIM HIGH** by developing an understanding of the pathways available to me after school and using this information to make appropriate decisions in terms of both by GCSE optional subject choices and my learning habits, which enable me to maximise my future success.

To achieve this, I will:

- 1) Maintain 'Excellent' (5) and 'Good' (4) for every subject at all ARPs (or demonstrate an improvement towards this from one ARP to the next).
- 2) Write a letter of application in support of my optional subjects of study for years 10 and 11.
- 3) Fully participate in the GCSE Options process including attending assemblies, workshops and taster sessions.
- 4) Attend at least one Employer Experience opportunity or 'World of Work visit'.

Be Determined I will **BE DETERMINED** by developing an understand of how to look after my own personal health and well-being to give myself the best chance of success.

To achieve this, I will:

- 1) Participate in mental health and well-being activities and select the most relevant strategy to promote my individual wellbeing.
- 2) Demonstrate my participation in physical activity either through the school enrichment programme, or external activities.
- 3) Attend a Spectrum healthcare seminar.
- 4) Attempt all core focus activities during mentor time.

Be Brave I will **BE BRAVE** by developing self-confidence and communication skills when working with adults.

To achieve this, I will:

- 1) Discuss GCSE options with adults from the world of work or further education.
- 2) Attend a GCSE taster session.
- 3) Attend GCSE options guidance meetings.
- 4) Complete a written application for my intended GCSE options.

Be Supportive I will **BE SUPPORTIVE** by playing an active part in supporting a charitable cause through volunteering.

To achieve this, I will:

- 1) Play an active part in charity fundraising.
- 2) Volunteer your time outside of lessons to support a charitable cause.
- 3) Attend anti-bullying and mental well-being assemblies.
- 4) Support others through a random act of kindness.

Be Proud I will **BE PROUD** by demonstrating pride in my achievements and my school community when applying for GCSE options.

To achieve this, I will:

- 1) Always wear my uniform with pride.
- 2) Submit a GCSE application letter.
- 3) Apply to be a prefect.
- 4) Attend the three termly rewards events.

Never Stop Flying
Achieving Excellence through a Values Driven Education