

Our ref:

Date:

Dear parent/carer

We are writing to you with further information on the arrangements for the World Challenge Croatia training weekend. This trip is intended to help our students bond as a team and prepare for their expedition. It will involve students participating in a range of team building activities, cooking, hiking, and camping. World Challenge have already sent communication regarding the trip via email, please make sure you have read through the information pack they sent out which is also attached to this email.

We have arranged a coach to take all students to the camp site, pick up and drop off times are below, **students will need to bring a packed lunch for the first day.**

Students will plan their meals and purchase food for the weekend prior to departure. To support our students in organising this they **must attend the training preparation meeting after school Tuesday 21st May 2024 3:05pm- 4:30pm. We will meet in the dining area at 3:05pm.** Students will plan their menu for the weekend and receive the funds to purchase the food. Students must ensure that they get receipts for any food purchases made.

Please fill out the consent form (link below) by Friday 17th May 2024 to confirm your child's attendance on the training weekend and include any medical conditions or needs and dietary requirements. Please also make sure you have declared any medical conditions your child may have on the my world challenge portal prior to the training weekend.

Venue	Gradbach Scout Camp, Old Hall Farm, Gradbach, Quarnford, SK17 0SU		
Date of trip	25 th and 26th May 2024		
Departure time	7:30am from Penistone Grammar School	Return time	Arrive back at Penistone Grammar School around 6:30pm
Cost	NA	Deadline for payment	NA
School mobile number for use in an emergency			

Other information

Students will be spending most of the weekend outdoors and will need to come with appropriate clothing, equipment and footwear for hiking and camping. The full kit list is in the information pack attached.



Behaviour

Students are expected to behave in an exemplary manner as ambassadors of the school. Students will need to follow instructions from school and World Challenge staff. Should the conduct of a student in the lead up to, or during the visit, be deemed either unacceptable or likely to put the health, wellbeing, safety and/or enjoyment of other students on the trip at risk, the Principal reserves the right to withdraw that student's place from the visit, or they may be returned home prior to the end of the visit. All school policies will be in place during the visit.

Consent

Please provide consent **here**. On giving consent you are agreeing to your child taking part in the above activity and have read the information provided agreeing to his/her participation in the activities described. You are also agreeing to your child receiving any emergency medical treatment that may be deemed necessary. If there are any exceptions to this, please provide us with the necessary information in writing. We need permission for photos for school use, medical information and parent consent.

Please note it is essential you provide consent via the above Form.

Payments

We have subsidised travel for our students and covered the full cost of the training expedition coach therefore there will be no payment required for this trip.

Please note that we have also arranged airport transfers for the Croatia expedition in the summer which we will be requiring a small payment for. You will receive further communication on this closer to departure.

Please continue to check your emails for communication from World Challenge and remind students to continue to check their World Challenge Microsoft teams channels regularly for any notices. If you have any questions, please do not hesitate to contact us.

Kindest Regards,

Miss Swinden



TWO DAY TRAINING EXPEDITION



LET'S DO THIS

Preparing teams for expedition life

DAY 1

9am
START



DAY 2

5pm
FINISH



WHAT YOU'LL BE UP TO

- Meeting your World Challenge Leader
- Having fun, learning about:



Teamwork and leadership



Staying healthy



Staying safe



Tents and campcraft

READY?

PERSONAL DETAILS

At least 2 weeks before the Training Expedition, please ensure you have logged on to your portal to make sure any medical conditions have been listed and your contact details are up to date.

GETTING THERE

Travelling to and from the Training Expedition is the team's responsibility. If you are unclear on plans, please contact your World Challenge school leader

WHAT TO BRING

A full kit list for your Training Expedition can be found in this pack. This may vary from your main expedition kit list. Prepare for basic facilities at the campsite



THE KIT LIST

This kit list is for the Training Expedition ONLY. It may vary from your expedition kit list so borrow what you can, and if the weather is forecast to be wet or cold bring extra layers and a spare set of clothes to travel home in.

Bring all your belongings in a large rucksack or holdall - check your expedition/trip kit list for details of what you will be expected to have for your trip. If you need a large rucksack for your trip, you will need one for your training expedition so you can practice packing and carrying your own kit.

What to Pack

- Large rucksack or holdall - min. 65 litres
- see above
- Daysack - check your expedition kit list for min. size
- Set of dry bags or rucksack liners to protect all your gear
- Sleeping bag (comfort rating of -5°C/23°F)
- Sleeping bag liner (silk or cotton)
- Sleeping mat (inflatable or foam)
- Walking boots (ensure boots are appropriate to the terrain of your expedition)
- Trainers
- Waterproof jacket
- Pair of waterproof trousers
- Fleece jacket
- 2 x Breathable t-shirts (not cotton)
- Long sleeved shirt/t-shirt
- 2 x Pairs of walking trousers (not jeans)
- 2 x Underwear
- 2 x Pairs of walking socks and trainer socks
- Set of thermals (top and bottoms)
- Fleece hat and gloves
- Wash kit including: lightweight travel towel, biodegradable soap, shampoo/conditioner, toothbrush and toothpaste, wash flannel, sanitary products
- Anti-bacterial hand gel/sanitiser (min 70% alcohol content)
- Personal medication (clearly marked with your name)
- Head torch (include spare batteries)
- Plate/bowl, mug, fork, knife and spoon
- Water bottles/hydration system to carry 2L of water
- Basic watch with alarm
- Notebook and pen

Try not to pack any items that will take up unnecessary space or that you wouldn't want to damage, such as electronic items.

QUESTIONS?



Contact Customer Support

Phone: +44 (0)1494 427600

Login: myworldchallenge.com/login

Email: support@myworldchallenge.com

SAMPLE MENU

In advance of the Training Expedition you'll need to get together to plan your menu for the weekend, and ensure you buy what you need before arriving. It's important that you remember to cater for any adults on the weekend as well! Everyone will need to provide their own packed lunch for the first day, and then we give you £3.50 in total per head to cover dinner on the first night and breakfast and lunch the next day.

Why not use your expedition destination as inspiration and bring a few extra bits to spice up your dinner such as vegetables, herbs or spices, or make your porridge more interesting with honey or raisins?

We suggest you keep the menu as simple as possible. If you get stuck, simple ideas from previous teams include:

DAY 1

LUNCH

Bring a packed lunch

DINNER

Spaghetti and pasta sauce

Spaghetti

Passata (tomatoes)

Onion

Tin of mixed vegetables

Biscuits

Hot chocolate or tea



DAY 2

BREAKFAST

Porridge

Porridge oats

Milk powder

Hot chocolate or tea

Mixed dried fruit

LUNCH

Cheese wraps

Flour wraps

Sliced cheese

Crisps

Chocolate bar

Mixed dried fruit

END OF TRAINING SNACKS

Chocolate bar

Cup a soup

STUCK FOR
IDEAS? ↗