



Sports Studies (PE): Vocational

What will I learn about?

A level 1/2 vocational qualification within physical education which is taught through both theory and practical lessons. The modules include: Contemporary Issues in Sport; Performance and leadership in sports activities and Increasing awareness of OAA.

How will my work be assessed?

Three units require students to be assessed through moderated coursework. One unit will be assessed through an exam sat in Y11.

Unit R184: Contemporary issues in Sport (exam unit – 80 UMS)

- Issues which affect participation in sport.
- The role of sport in promoting values
- The implications of hosting a major sporting event for a city or country
- The role of National Governing Bodies play in the development of their sport.
- The use of technology in sport

Unit R185: Performance and leadership in sports activities (coursework/practical – 80 UMS)

- Key components of performance.
- Applying practice methods to support improvement in a sporting activity.
- Organising and planning a sports activity session.
- Leading a sports activity session.
- Reviewing your own performance in planning and leading a sports activity session.

Unit R187: Increasing awareness of Outdoor and Adventurous Activities (Coursework/practical – 40 UMS)

- Provision for different types of outdoor and adventurous activities in the UK.
- Equipment, clothing and safety aspects of participating in outdoor and adventurous activities.
- Plan for and be able to participate in an outdoor and adventurous activity.
- Evaluate participation in an outdoor and adventurous activity.

Who can I speak to for more information?

For more information about PE please speak to Mr Williams, Curriculum Area Leader for PE or contact options@penistone-gs.uk