

	Unit	Curriculum Area	Explored topics/themes	Developed knowledge	Subject Teachers
Y7	My Body and Me	Health and Wellbeing	<ol style="list-style-type: none"> 1. My Body, My Choice 2. Puberty 3. Hydration and Sugary Drinks 4. Personal Hygiene 5. Sleep and Screen time 6. Personal Health and Hygiene 7. Mental Health and Self-Esteem 8. Bereavement 9. Healthy Online Behaviours 10. Disability and Equality 11. Young Carers 	Students will develop their knowledge, skills and understanding of how to make healthy choices which encourage growth and development. Students will also consider some of the challenges young people face and how to develop empathy and support.	Mrs R. Needham. Miss N. Steeples. Mrs L. Clapham Miss H. Halawani What makes Britain Great? The Strategic Leadership Team
Y7 T2 – Covered in Resilience	What makes Britain Great	Living in the Wider World	<ol style="list-style-type: none"> 1. What are the British Values? 2. What is democracy? 3. Why should we vote? 4. What is the rule of law? 5. How are laws made? 6. What is individual liberty? (Human Rights) 7. How do we show respect and tolerance? 8. What makes Britain great for me? 	Students will develop their social, moral and cultural understanding of our community and beyond. Students will critically analyse the ways British Values are upheld within the UK and our legal rights and responsibilities. Students will evaluate current political processes whilst understanding the democratic values which underpin Britain and make core links to their own personal values and traditions.	
Y8	Relationships, Equality and Diversity	Relationships and Sex Education	<ol style="list-style-type: none"> 1. What is a Healthy Relationship? 2. Internet Safety and Grooming 3. Online consent 4. Bullying – Physical and Online abuse 5. Media and Body Image 6. Racism and Hate Crime 7. Islamophobia 8. LGBTQ - Stonewall 9. Transgender Awareness 	Students will develop an understanding about how healthy relationships contribute to positive self-esteem. Students will also begin to analyse the risks associated with relationships, including those online. Students will consider the diversity of relationships and how these are to be viewed in the context of equality.	Mrs R. Needham. Miss N. Steeples. Mrs L. Clapham Miss H. Halawani

Y8	Relationships, Equality and Diversity	Living in the Wider World	<ol style="list-style-type: none"> 1. Non-Democratic Countries 2. Crime in the Wider World 3. Crime and County Lines 4. Healthy Relationships VS Gangs 5. Police, Courts and the CPS 6. Young Offenders 7. How Offenders are Punished. 10. The Death Penalty. 	Students will consider the legal context of the UK and the wider world. They will evaluate existing legal and criminal systems and their usefulness in keeping the community safe. Students will also make comparisons locally, nationally and globally. Students will develop their enquiry and communication skills by debating and considering others' viewpoints and their own. Students will also continue to consider risk, particularly with regards to criminal behaviour.	
Y9	Health and Wellbeing	Health Education	<ol style="list-style-type: none"> 1. Taking risks: Alcohol 2. Taking risks: Smoking and Vaping 3. Taking risks: Drugs 4. Taking risks: Drugs 5. Taking risks: Prescription drugs 6. Substance Misuse and Peer Pressure 7. Normal Ranges of Stress 8. Managing mental Health 9. Anger and Conflict Management 	Students will develop core skills relating to keeping themselves healthy and safe. Students will develop their confidence to deal with challenging situations whilst understanding the importance of protecting their physical and mental health. Students will also develop their learning on the legal aspects of substances misuse and the challenges faced by the National Health Service. Students will develop their skills of self-awareness and resilience surrounding mental health, including self-help strategies, school support and government services.	Mrs R. Needham. Miss N. Steeples. Mrs L. Clapham Miss H. Halawani
Y9	RSHE	Relationships and Sex Education	<p>The initial five topics within this unit will be delivered by the Spectrum Sexual Health Team who will cover the following topic areas:</p> <ul style="list-style-type: none"> ○ Healthy Relationships, including those which are intimate ○ How self-esteem and self-worth are linked to healthy relationships. 	Students will continue to develop their capacity to foster healthy relationships, including those built on trust. Students will cover substantive content relating to consent and consensual behaviour. Students will also develop their understanding of STI's and pregnancy, including where to seek support. This topic also makes strong links with the law on sex and	



			<ul style="list-style-type: none"> ○ Consent in relationships including the law surrounding sex and young people. ○ Factual health information on contraception and STI's, pregnancy and prevention. <p>Students will then cover the following topics with their class teacher:</p> <ul style="list-style-type: none"> ○ Sharing sexually explicit content <p>Pornography</p>	sexual activity, sharing explicit content and pornography.	
Y9	Science VS Religion	Religious Studies (With core links to RSHE)	<ol style="list-style-type: none"> 1. Moral Dilemmas 2. Value of Life 3. Abortion 4. Genetic Engineering 5. Blood and organ donation 6. Euthanasia 7. Environmental Ethics 8. Animal Testing 	Students will develop their moral capacity to understand issues ethical issues. Students will develop an understanding of the legal and moral issues raised in relation to these issues, how to form opinions and respect those of others.	
Y10	Social Justice	Living in the Wider World Relationships Education	<ol style="list-style-type: none"> 1. Human Rights 2. Prejudice and Discrimination 3. Freedom of Religious Expression 4. LGBTQ Rights: Pride 5. Transphobic Bullying 6. Make Racism History 7. Racism in Sport 	Students will focus on key areas of equality in this unit and develop the core competency of tolerance and respect. Students will consider the ways in which prejudice causes divisions in society and how to respond to incidents of discrimination and hate crime.	Mrs R. Needham. Miss N. Steeples. Mrs L. Clapham Miss H. Halawani Miss O. Barker Miss N. Norton
Y10	Careers	Living in the Wider World	<ol style="list-style-type: none"> 1. Exploring Careers 2. Course Options 3. Transferrable Skills 4. Employability 5. Jobs for the Future 6. Working Hours and Pay 7. Equality and Stereotypes 8. Safe Working Practice 	Students will explore the opportunities available to them beyond school, including different career pathways. Students will also further explore diversity and equality in the workplace and the ways this is protected by law. Students will begin to understand the importance of professionalism in the workplace and further education, including college/job applications. Students will also develop an understanding of their rights in employment and education and issues surrounding the gender pay gap.	



Y11	RSHE	Relationships, Sex and Health Education	<ol style="list-style-type: none"> 1. A-Z of consent 2. Sexual violence and harassment 3. Domestic violence 4. Honour Based Violence 5. Fertility 6. What are the options? Pregnancy 7. Miscarriage and bereavement 8. Marriage and the family 9. Forced and arranged marriage 10. Eating disorders 11. Aesthetic dangers 12. Suicide and self-harm 13. STI recap and HIV Awareness 14. Self-examination and screening 15. Immunisations and vaccinations 	Students will develop their core understanding of how to keep safe within relationships and develop confidence in their ability to avoid risks. Here students will explore more mature issues and how to respond to these responsibly and areas of support. Students will consider the ways in which body image and low self-esteem can lead them to make unhealthy choices about their bodies and the ways this may impact the future. Students develop an understanding of equality and diversity in their approach to families and family life – including LGBTQ families.	Mrs R. Needham. Miss N. Steeples. Mrs L. Clapham Miss H. Halawani
Y11	Preparing For Life Beyond School	Living in the Wider World	<ol style="list-style-type: none"> 1. Applications 2. Personal Statements 3. Interview Skills 3. Exploring careers and degrees 4. Plan Ahead – Your future 	Students will continue to develop their communication and employability skills. We will also support our students to complete their personal statements and any post-16 application forms. Students will also closely consider how the skills they have developed through their experiences at school and how to express these in writing and in interviews. Students will acknowledge transferable skills they have and how this can help them develop in their future career.	
Y11	Change Your Mindset	Health and Wellbeing Living in the Wider World	<ol style="list-style-type: none"> 1. Healthy Mindsets 2. Dealing with exam stress. 3. Boost your brain 4. Revision and Retrieval 	Students will develop core skills relating to managing stress and anxiety during the examination period. Including, how to care for their mental health and self-esteem, the importance of diet, exercise, sleep and organisation. Students will also consider self-help	



				<p>strategies for dealing with stress and anxiety as well as abnormal ranges including issues relating to self-harm. Students will know how to seek help if they are worried about their own or others' mental health.</p>	
P16				<p>As part of the Post 16 tutorial programme, we explore key PSHE topics introduced in lower school. These topics include wellbeing, alcohol, consent and money matters. See the Y12 and Y13 tutorial learner pathways below for a complete overview of the sessions delivered.</p> <p>Student voice has also been carried out to determine the areas students would like more education in. As a result of this, an external company, Diversify, delivers sessions to all Y12 and Y13 students over a 4-week period. These sessions have been timetabled for Wed P4 and P5. (12th, 19th and 26th Jan & 2nd Feb 2022). Follow the links for details of these sessions.</p> <p>LGBTQ+ - Diversify (diversifynow.co.uk)</p> <p>Sexual Bullying & Inappropriate Behaviour - Diversify (diversifynow.co.uk)</p>	

