



# FOOD PREPARATION AND NUTRITION

## Exam Details

Exam Board – Eduqas

Website – [GCSE Food Preparation and Nutrition | Eduqas](https://www.eduqas.co.uk/gcse/food-preparation-and-nutrition)

### Written Exam

- 50% of qualification
- **Tuesday 11<sup>th</sup> June 2026 (pm)**
- 1 hour 45minutes

**Section A:** questions based on stimulus material.

**Section B:** structured, short and extended response questions to assess content related to food preparation and nutrition.

### Non-Examined Assessment (NEA) – 50%

#### **NEA 1: The Food Investigation Assessment**

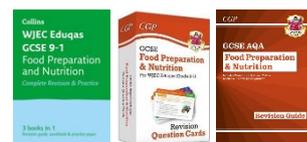
- 8 hours
- Scientific food investigation
- 15% of qualification

#### **NEA 2: The Food Preparation Assessment**

- 12 hours
- Prepare, cook and present a menu. (Includes 3 hour practical exam during (week commencing 2<sup>nd</sup> March)
- 35% of qualification

## Revision at Home

- Create a revision timetable and stick to it.
- Use your revision notes in your folder to help you with knowledge and understanding.
- SENECA Learning - <https://app.senecalearning.com/login>
- Practice answering exam style questions using past paper questions from the Eduqas, website. [GCSE Food Preparation and Nutrition | Eduqas](https://www.eduqas.co.uk/gcse/food-preparation-and-nutrition)
- The marks schemes are available on the same website so that you and parents/carers can check your answers.
- Use the revision information and PowerPoints which are in class materials on Teams.
- Work through CGP or Collins workbook (available from school shop).
- CGP flashcards



## Key Information

### Top Tips!

- ✓ Plan your revision – produce a revision timetable.
- ✓ Ensure you read the questions correctly! Do you understand the different command words?
- ✓ Ensure you revise all theory topics & tests - do not try and cram at the end of the year.
- ✓ Produce revision cards to summarise your notes.
- ✓ Practise breaking down questions using planning maps and knowledge organisers.
- ✓ Work with your friends and parents/carers when revising and get them to test you!
- ✓ Complete as many practice exams questions as you can so that you know the format of the exam paper.
- ✓ Put 100% effort into all home learning tasks.
- ✓ Revision folder on teams, class materials and on the school website.

If you do not understand something or you are struggling, come and see Mrs Harpham T306 or Miss Garrety T308.