



PHYSICAL EDUCATION

Exam Details

Paper 1: The human body and movement in physical activity and sport

Date: *Monday 19th May (pm)*

What's assessed?

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data

How it's assessed?

- Written exam: 1 hour 15 minutes
- 78 marks
- 30% of GCSE

Paper 2: Socio-cultural influences and well-being in physical activity and sport

Date: *Monday 9th June (pm)*

What's assessed?

- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data

How it's assessed?

- Written exam: 1 hour 15 minutes
- 78 marks
- 30% of GCSE

Revision at Home

- Practice past paper questions (Located on Teams in 'files')
- Practice exam questions in timed conditions.
- Use mark schemes to see what else should have been included in your answer.
- Create and use revision cards for definitions – test yourself or get somebody else to test you.
- Use the GCSE PE Revision Bible document located on the website to check all essential knowledge.
- Access YouTube channels for the following revision resources

[The EverLearner \(youtube.com\)](https://www.youtube.com/channel/UC...)

[The PE Classroom - YouTube](https://www.youtube.com/channel/UC...)